

Third international course on

Workplace Health Promotion - Integrative Workplace Health Management

17-20 April 2007, Köja Fell Hotel, Edsådalen (Åre), Sweden

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Background

This third course on Workplace Health Promotion (WHP) is carrying on the theme of the two previous NIVA courses in 2000 and 2003.

A healthy workplace is a goal shared by many countries and international organisations including The European Union and The International Labour Organization. Healthy work consists of decent terms of work, safe working conditions, possibility to use and develop professional skills and to be a trusted member of a work organisation. Good physical and mental capacity is a prerequisite to work innovatively and effectively. Workplace health promotion contributes to the results and competitive advantage of the organisation. However, many indicators show that we still have a long way to go to reach the goal of 'healthy people in healthy workplaces'. The reasons are societal, organisational, managerial and individual and include multiple components of work life and life style factors.

Objectives

This course focuses on theoretical and practical knowledge on how to improve workplace health management in order to optimise health, work ability and wellbeing of the workers. The participants will have an opportunity to reflect on their own experiences and relate the methods and practices discussed in the course to their own work.

Target group

Managers and supervisors in organisations, administrators, occupational health and safety professionals, health promoters, educators and researchers.

Main topics

- Health promotion at work
 - what does it mean and how to do it?
- Management and collaboration in improving health and wellbeing at the workplace
- Influencing lifestyle and other health determinants such as nutrition, physical exercise, and smoking, alcohol, and drug abuse

I N F O R M A T I O N

Registration deadline

12 March 2007. A letter of confirmation will be sent to the participants after the registration deadline. Application forms are available from the course secretary, and it is also possible to register on our website www.niva.org. The maximum number of participants is 30.

Course fee

The course fee is EUR 350,- and does not cover meals or accommodation. The participants are requested to pay the course fee to NIVA

Nordea Bank Finland Plc

Meilahti Branch, Tukholmakatu 2
FIN-00250 Helsinki, Finland
Account No. 226238-2043
IBAN: FI79 2262 3800 0020 43
Swift code: NDEAFIHH

Please indicate clearly:

1. Your name and address
2. Course fee (in EUR)
3. Course code: **4702**

Pls note that accommodation costs are not included in the course fee

Payment should be made after the confirmation letter has been received. Please also note that if you cancel your participation later than four weeks before course start, the organiser is obliged to charge a cancellation fee of EUR 273,-.

Language

The language of the course is English.

Scholarships

Finnish participants can apply for financial support from the Finnish Work Environment Fund. The applicants must clearly indicate that their participation is well justified in view of their work. For further information, please contact: Työsuojelurahasto, Eerikinkatu 2, 00100 Helsinki, tel. 09-68033311. Application forms are also available via Internet: www.tsr.fi.

Participants from north-western Russia or the St. Petersburg area as well as participants from the Baltic countries can apply for a scholarship to cover the costs for the course fee and accommodation. Please contact NIVA for further information.

Course committee and lecturers

Kaj Husman, Juhani Ilmarinen, Timo Leino, Matti Ylikoski Finnish Institute of Occupational Health; Karin Olsson, The Mannerheim League for Child Welfare, Finland; Guy Ahonen, Hanken Business School, Finland; David Gold, ILO, Switzerland; Torben Kristensen, BST Copenhagen; Bo Hagström, National Institute for Working Life, Sweden, and Richard Wynne, Work Research Centre, Ireland.

Organisers

NIVA (The Nordic Institute for Advanced Training in Occupational Health) is one of the institutes of the Nordic Council of Ministers, and is located in Helsinki, Finland. This course will be arranged in cooperation with The Finnish Institute of Occupational Health, Helsinki, Finland and The Mannerheim League for Child Welfare, Helsinki, Finland.

Course leaders

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Course secretary

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WELCOME

NIVA is a Nordic institution funded by the Nordic Council of Ministers to provide advanced training for experts in the fields of occupational health and safety, and work life in general. The NIVA concept is based on the idea of broader networking of all the Nordic governments, authorities and research institutions. The best trainers, lecturers and educators, not only from the Nordic countries, but also worldwide contribute to the NIVA programmes.

Today, the courses and seminars attract about 300 participants a year, and the feedback from the participants speaks also strongly for face-to-face contacts both between the trainee and the trainer and among the trainees themselves.

We hope that this brochure gives you important information, and cordially welcomes you to the forthcoming event.



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NIVA

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Training in Occupational Health**

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